#### **Title of Studies**

The Master of Arts "Music and Society" (Master of Arts "Music and Society"), takes into account the contemporary international trends and the need to possess specialized knowledge and skills by scientists and professionals of various disciplines active in the field of music science and art, education, community music, and therapy, leads to the award of a Diploma of Postgraduate Studies (D. Master of Arts "Music and Society" in one of the following specializations:

- 1. 'Music Education and Community Music' (1. 'Music Education and Community Music) 2. 'Music Therapy' ('Music Education and Community Education and Community
- Cultures')

## 1. Specialisation 'Music Education and Community Music'.

The main objective of the specialization 'Music Education and Community Music' is to provide an in-depth insight into the scientific and applied field of music education and community music. This specialization of the MSc. S concerns the basic principles, epistemology, and methodology governing a) the teaching of music in a broad field that includes formal, informal, and non-formal pedagogical contexts, in school music education, conservatory education, and other educational settings, b) the use and function of music and its teaching in the community to promote well-being, social integration, and cohesion with an emphasis on socially vulnerable groups. Courses will include both theoretical and experiential training in music education and community music. The aim of the specialization is also to provide research knowledge and to enable students to think and act in the field of music education and community music. In addition, the courses in the curriculum include practical training through which students gain valuable professional experience in the field of music education and community music.

### 2. Specialization "Music Therapy"

The main objective of the specialization "Music Therapy" is to train students in various approaches to music therapy, providing them not only with theoretical knowledge but also with essential practical knowledge and professional skills to be able to work in a wide range of contexts, such as hospitals, special schools, institutions, related bodies, private agencies, etc. This training will provide them with the necessary skills to work with a wide range of children and adults with formal and non-formal development, people with disabilities, special populations such as the elderly, the chronically ill, as well as socially marginalized groups and groups at risk of social exclusion (prisoners, addicts, victims of violence, etc.). The courses include both theoretical and experiential training in music therapy. In addition, the courses in the curriculum include a clinical placement through which students gain valuable professional experience in the field of music therapy. The aim of the specialization is also to provide knowledge of research methodology and to enable students to think and act in the field of music therapy and its interdisciplinary links with other fields of knowledge.

## Number and categories of applicants

(a) Graduates of Music Studies, Pedagogy, Special Education, Psychology, and other departments of Universities and Technical Universities of the Hellenic Republic and similar recognized foreign institutions are admitted to the Postgraduate Programme 'Music and Society' following a selection procedure.

- (b) Candidates may also be final-year students who are required to complete a maximum of two (2) courses and if required by the relevant program of study the support of their thesis to complete their studies. A certificate to this effect must be submitted when the supporting documents for their assessment are submitted. Candidates in this category will be required to submit by the end of the first examination period of the MSc, as defined by the institution's authorities, their final analytical mark, indicating that they have completed their studies and that only the graduation ceremony remains to be held. If they have not completed their obligations by the deadlines set, their participation in the program will be canceled.
- (c) The annual number of postgraduate students admitted to the MSc is set at a maximum of forty (40) per year, which may be divided between the two (2) fields of study as follows: a) fifteen (15) students in the specialization "Music Education and Community Music", b) twenty-five (25) students in the specialization "Music Therapy".

### Course programme, teaching and credit units

#### 1.SPECIALISATION "MUSIC EDUCATION AND COMMUNITY MUSIC"

MUS	MUSIC EDUCATION AND COMMUNITY MUSIC					
a/a	Course	type	Hours of teaching per week	ECT S		
FIRS'	T SEMESTER					
1	Special Topics in Music Education	Mandatory Group	3	9		
2	Music Education and Community Music with Socially Vulnerable Groups	Mandatory Group	3	9		
3	Practice points Practice I/Supervision I	Mandatory Workshop	3	12		
			Total ECTS for the semester	30		

SECOND SEMESTER					
1	Special Topics in Community Music and Community Music Education	Mandatory Group	3	9	
2	Quantitative and qualitative research methods in Music Education and Community Music	Mandatory Group	3	9	
3	Practice points Exercise II / Supervision II	Mandatory Workshop	3	12	
			Total ECTS for the semester	30	

THIRD SEMESTER				
1	Postgraduate Diploma Thesis	Mandatory		30
			Total ECTS for the semester	30

TOTAL ECTS 90		

## 2. Specialization "MUSICTHERAPY"

MUS	MUSICTHERAPY			
a/a	COURSE	Туре	Hours of teaching per week	ECT S
FIRST SEMESTER				
3	Research Methods	Mandatory Group	3	9
			Total ECTS for the semester	30

SECOND SEMESTER				
1	Methods in Music Therapy II - Clinical Practise II	Mandatory Workshop	3	12
2	Theories of Personality and Psychopathology	Mandatory Group	3	9
3	Seminar on Psychology and Personal Development through Music	Mandatory Group	3	9
			Total ECTS for the semester	30

THIRD SEMESTER		
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1	Special Topics in Music Therapy in Clinical Contexts - Clinical Exercise III	Mandatory Workshop	3	15
2	Postgraduate Diploma Thesis I	Mandatory		15
			Total ECTS for the semester	30

FOURTH SEMESTER				
1	Clinical Practice IV	Mandatory Workshop	3	15
2	Postgraduate Diploma Thesis II	Mandatory Group		15
	for the		Total ECTS for the semester	30
Total ECTS 120				

## **Cost of the Program**

The tuition fees per student amount to 4,000 euros, divided into three (3) equal semester installments for the specialization "Music Education and Community Music" and four (4) equal semester installments for the specialization "Music Therapy", payable at the beginning of each semester. In the event of inability to pay the semi-annual installment due to financial circumstances, each semi-annual installment shall be divided into three (3) equal installments to be paid during the semester, and in any case, the last installment must be paid before the examination date, otherwise, the student will not be able to sit the examination.

## **Exemption from tuition fees:**

Students who do not exceed thirty percent (30%) of the total number of students enrolled in the MSc, in accordance with article 35 of Law no. 4485/2017, i.e. by income criteria. The application for exemption from tuition fees is submitted after the completion of the selection process of the students of the MSc. The financial situation of a candidate is in no case a reason for not being selected for the MSc. Those who receive a scholarship from another source are not entitled to exemption from tuition fees.

## **Scholarships:**

(j) The Department may provide scholarships to postgraduate students. A postgraduate scholarship is a scholarship in the form of a tuition fee waiver of 25%, 50%, or 100%, which is awarded on application by the applicant and on the recommendation of the specialization coordinator or the director of the MSc. The scholarship is for the

employment of the student in duties such as assisting in the teaching of undergraduate courses, participation in music ensembles, assisting students in laboratory exercises, correcting papers and written examinations, participating in research, assisting in the organization and promotion of artistic and scientific events, etc. A student may apply for a postgraduate scholarship only if he/she has not applied for a suspension of studies. Postgraduate scholarships are awarded on a semester basis, which means that a postgraduate scholar who wishes to continue to receive a scholarship must 'reapply' for it in each subsequent semester. A student may receive a postgraduate scholarship for a maximum of four (4) semesters during his/her postgraduate studies. The coordinator of each specialization or the director is entitled to apply for one scholarship per specialization per The right to request one scholarship for each specialization per semester and to make a well-documented recommendation to the Departmental Assembly, which shall decide on the granting and conditions of the scholarships.

### Other Aids:

Students are entitled to health care, passes, meals, and everything else provided for by the law.

### COURSE DESCRIPTIONS

### I. SPECIALISATION: MUSIC EDUCATION AND COMMUNITY MUSIC

The main objective of the specialization 'Music Education and Community Music' is to provide in-depth knowledge of the theoretical and applied field of music education and community music. This specialization of the MSc. S concerns the basic principles, epistemology, and methodology governing a) the teaching of music in a broad field that includes formal, informal, and non-formal pedagogical contexts, in school music education, conservatory education, and other educational settings, b) the use and function of music and its teaching in the community to promote well-being, social integration, and cohesion with an emphasis on socially vulnerable groups.

### **Course description**

## 'SPECIAL TOPICS IN MUSIC EDUCATION'.

The main objectives of the course are to inform and immerse the student in the recent scientific literature concerning contemporary concerns and issues in the theoretical and applied field of music education, and to inform the student about recent research findings and what they imply for music teaching and learning.

The ultimate aim of the course is to broaden students' horizons on what 'music teaching' means and constitutes and to enable them to create and carry out formal, non-formal, and informal music teaching projects, drawing on the cultural elements, specificities, and needs of today's children and young people.

# 'MUSIC EDUCATION AND COMMUNITY MUSIC WITH SOCIALLY VULNERABLE GROUPS

In the context of the course, students are led to realize that the role of the music teacher goes beyond the narrow school context or the context of the conservatory, music school, etc., and is broadened in order to respond effectively and become an active contributor to the new social data. In the context of this course, students will be introduced to important examples of community music and music education from the world community and will become familiar with the basic principles of carrying out music activities and music teaching activities within and outside formal educational contexts, with a central focus on the inclusion of individuals or groups belonging to socially vulnerable groups (people with delinquent behavior, the poor, the elderly, the Roma, refugees, etc.). ), and the coexistence, coexistence, and partnership of these people with pupils, young people, and people in the formal educational context. Students will understand the role and power of community music with socially vulnerable or marginalized groups in order to enhance their individual and collective identity, social inclusion, healthy leisure time management, music teaching and learning, and improve their quality of life. The ultimate aim of the course is also to develop students' empathy, social sensitivity, and critical reflection.

### 'PRACTICAL ISSUES I/SUPERVISION I'

The main objective of this course is to familiarise students with various socially vulnerable groups, their characteristics, and their needs. The practical training begins with field observations and continues with creative preparation and organization for the gradual undertaking of activities of musical guidance, teaching, and partnership with the specific social group in which the students have been placed. A key prerequisite is the students' creativity, social sensitivity, cooperation with each other, taking initiative, self-directed learning, empathy, and critical reflection on the experience of observing and engaging with specific groups/individuals threatened by or experiencing social exclusion. The student's practical work experience will be guided and supervised by the course tutor on a weekly basis.

# 'SPECIAL TOPICS IN COMMUNITY MUSIC AND COMMUNITY MUSIC EDUCATION'.

The aim of this course is to introduce students to a variety of theoretical/philosophical, research, and practical issues related to community music and community music education. The ultimate aim is to promote students' critical thinking on issues relating to the relationship between education, music education, group music-making and wellbeing, social justice, and cohesion.

## 'QUANTITATIVE AND QUALITATIVE RESEARCH METHODS IN MUSIC EDUCATION AND COMMUNITY MUSIC'.

The course aims to familiarise students with the basic principles of research as they apply to the field of music education and community music and to familiarise them with different methodological approaches through their epistemological principles and specific examples of research in this field. Students will be introduced to the principles and basic tools of quantitative, qualitative, and mixed research and will be able to identify appropriate methodological designs according to the research questions of a study and the epistemological orientation of the researcher. Students will be able to

understand and critically examine published research and will become familiar with the style of writing adopted by different epistemological approaches. By the end of the semester, students will be able to write a full research proposal.

### 'ASPECTS OF PRACTICE I / SUPERVISION I'

Under supervision, students are required to form groups, plan and prepare musical activities with/for groups threatened by social exclusion, as chosen by the students themselves or suggested by the teacher, and work collaboratively on these activities throughout the semester. The main prerequisites are creativity, social sensitivity and cooperation among students, taking the initiative, self-directed learning, empathy, and critical reflection on the experience of all these and on dealing with specific groups threatened by or experiencing social exclusion. The results of the course will be embodied in the actions developed by students with socially vulnerable groups and presented publicly, where possible, in the form of performances or events open to the public. The overall experience of the partnership will be reflected at the end of the semester in reflective personal texts or interviews of the students and in interviews with the people from the socially vulnerable groups with whom they have been involved throughout the partnership.

during the semester course. The ultimate aim of the course is to create "audiovisual documentaries" (short documentaries) in order to create an archive, raise awareness in the local community and wider society, and promote the importance of such actions and partnerships for the personal well-being of individuals and social cohesion. The students' work placement is guided and supervised by the course tutor on a weekly basis.

### III. SPECIALISATION: MUSIC THERAPY

The specialization 'Music Therapy' has as its main objective the deepening of the theoretical and applied field of music therapy. This specialization of the MSc concerns the basic principles, epistemology, and methodology underlying music therapy as a main or complementary therapeutic intervention for people with disabilities, special population groups, socially marginalized groups, etc., with the aim of treating and improving their quality of life.

## **Description of courses**

### 'APPROACHES TO MUSIC THERAPY I - CLINICAL PRACTICE I'.

The main objective of the course is to familiarise students with the following: Theory and practice of the main humanistic and music-centered approaches to receptive and interactive music therapy || Exploration of the inner nature of music in relation to the structure of the psyche || Training in music therapy interventions and techniques at a supportive level with different populations, as well as arts interface || Emphasis will be placed on a deeper understanding of the therapist-music-client relationship, as well as supervision of students' clinical work.

#### "PERSONALITY THEORIES AND PSYCHOPATHOLOGY"

The main objective of this course is to familiarise students with Personality Theories and elements of Psychology. Specifically with regard to Personality Theories, students will be introduced to the following: The theory of traits // The psychoanalytic theory // Theories of behavior // Typological theories // Theory of social learning //

Phenomenological approach. In terms of the elements of Psychopathology, students will be introduced to the following: Anxiety or sleep disorders  $\parallel$  Body image and dissociative disorders  $\parallel$  Stress and health  $\parallel$  Mood disorders  $\parallel$  Food intake disorders  $\parallel$  Substance-related disorders  $\parallel$  Schizophrenia  $\parallel$  Personality disorders  $\parallel$  Sexual and gender identity disorders  $\parallel$  Childhood disorders  $\parallel$  Older age and mental disorders.

### "RESEARCH METHODS"

The course aims to familiarise students with the basic principles of qualitative and quantitative research as well as with the various methodological approaches and categories of research through research examples. The aim of the course is to introduce and provide students with basic training in the fundamental epistemological principles and basic tools of quantitative and qualitative research so that they will be able to identify and design appropriate research methodologies according to the research questions of a research project. In the context of the course, students will be able to be guided through personal questions to the creation, proper formulation, and scientific examination of different research questions, which they will have the opportunity to study in depth during the semester. In addition, students will have the opportunity to understand,

assimilate and adopt the correct scientific and epistemological style and style of writing and presentation through the critical examination and analysis of published research in the field

in the field of music therapy, as well as presenting their findings in the presentation standards of scientific conferences.

### 'APPROACHES TO MUSIC THERAPY II - CLINICAL PRACTICE II'.

This course is a continuation and development of the course 'Approaches to Music Therapy I - Clinical Practice I'. The main aim of the course is to further familiarise students with the theory and practice of the main humanistic and music-centered approaches to receptive and interactive music therapy, to explore the inner nature of music in relation to the structure of the psyche, and to train them in music therapy interventions and techniques at a supportive level with different populations, as well as in the interconnection of arts. In this course, special emphasis will be placed on more intensive training of students in aspects of the therapist-music-client relationship, and supervision of students' clinical work.

# 'NORDOFF & ROBBINS INTERACTIVE MUSIC THERAPY AND ARTS THERAPY IN SPECIAL EDUCATION

This course covers the theory and practice of the NORDOFF & ROBBINS music-centered approach with an emphasis on the clinical use of music as therapy through piano, guitar, voice, percussion, and other musical instruments. Students are trained in interactive music therapy and clinical improvisation on an individual and group level as

used in a variety of clinical contexts. The approach is based on the humanistic principles (Rogers, Maslow) of the empathic therapist-client relationship through music by working through issues in the 'here and now'.

## "WORKSHOP ON PSYCHOLOGY AND PERSONAL DEVELOPMENT THROUGH MUSIC"

The aim of the course is to enable the student to personally experience the therapeutic property of music and its clinical use and function in music therapy for the improvement of self-awareness, communication, and psychosomatic health of human beings through different models of group music psychotherapy. This course involves systematic experiential training of students, mainly at the group level, with the possibility of personal participation in an action group and in an observation group. The course focuses on the specialized use of music listening, improvisation, and composition mainly at the group level and offers the possibility to explore and discuss various models of group music psychotherapy in a mainly supportive way.

## 'SPECIFIC ISSUES IN MUSIC THERAPY IN CLINICAL SETTINGS - CLINICAL PRACTICE III'

The aim of the course is to enable the student to gain experiential insight into the clinical use of music as therapy and music in therapy with a variety of populations in different clinical contexts. This course will provide the opportunity to focus on specific music therapy interventions and techniques and other art therapies as applied in different clinical contexts with diverse populations.

Each course will be dedicated to a clinical context, short and/or long hospitalization, with a population at a theoretical and experiential level.

## "CLINICAL PRACTICE IV"

This is the semester in which students complete the required clinical placement hours in the institutions where they carry out their clinical placement. Clinical Practicum IV does not include university faculty meetings and therefore does not involve a teaching assignment with a faculty member.

### INTRODUCTION TO THE P.M.S.

### **Applications and supporting documents**

- (a) Applications from postgraduate student candidates will be examined by the five-member Postgraduate Student Selection Committee of the MSc to determine whether they meet the legal requirements and the conditions of the regulations.
- (b) The following documents are required for participation in the selection procedure: Application for participation in the MSc, stating the specialization the candidate wishes to pursue.
- A photocopy of the identity card.
- Two recent photographs showing the applicant's full name. A certified copy of a degree from a Greek university or technical college or a copy of a degree from a foreign higher education institution recognized by the I.O.A.T.A.P. or other qualifications.

- a certificate of studies, with detailed grades for undergraduate courses, including the degree.
- Other university or technical college degrees, if available.
- Postgraduate or doctoral degrees, if any.
- A copy of the thesis in digital format, if available.
- A certificate of good (B2) knowledge of English or an equivalent level of knowledge of an additional foreign language.
- Evidence of publications either in peer-reviewed scientific journals and conference proceedings or evidence of published scientific and/or artistic work, if available.
- a curriculum vitae in accordance with a model to be obtained from the MSc secretariat or posted on the Internet, indicating the candidate's studies, scientific and/or artistic work, professional experience, and general qualifications.
- Evidence of professional experience, if available.
- Letters of recommendation, if available.
- Any other document relating to the applicant's work or activities which may be taken into account in the selection process.
- (c) The Master's Degree Programme in Music and Society starts in the winter semester. Depending on the start of each cycle of study, the deadline for submission of applications and supporting documents and the requirements for written examinations and/or auditions will be announced in a published Call for Expressions of Interest.

### **Information**

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